

# Gluko-PassE – 5.1 Shareware-Version

(c) Sylvia Zedewitz, 2001-2004, [palmianer@s-ze.de](mailto:palmianer@s-ze.de)

## Description:

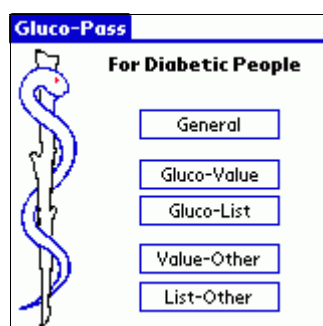
This program will be very useful for all diabetic patients. It keeps your Glucose values and other important information!

You can export and print the data for your doctor.

## Installation and use:

Please install "I\_Gluko-PassE-V.prc" as ever, then tap the "Install Gluko-P"-Icon to automatically expand the archive. After the install process, the install file will be deleted automatically. Do NOT deinstall a previous version. Thus already saved data will not be lost.

## User's Guide:

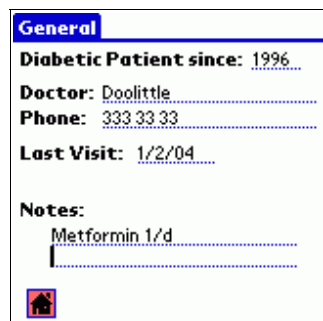


The Main Screen of Gluko-PassE features a blue header with the text "Gluko-Pass" and "For Diabetic People". On the left is a blue icon of a caduceus. On the right, there are five buttons: "General", "Gluko-Value", "Gluko-List", "Value-Other", and "List-Other".

### Main Screen

When opening the *Gluko-Value* input screen a new record will be made up automatically.

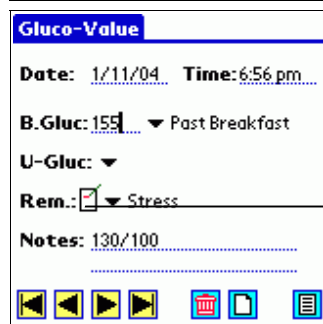
Tip: Here you will find a field for general notes



The General Information screen has a blue header with the text "General". It contains fields for "Diabetic Patient since: 1996", "Doctor: Doolittle", "Phone: 333 33 33", and "Last Visit: 1/2/04". There is a "Notes:" section with a text area containing "Metformin 1/d". At the bottom left is a small red house icon.

### General Information

Please insert the most important general information.



The Gluko-Value input screen has a blue header with the text "Gluko-Value". It contains fields for "Date: 1/11/04", "Time: 6:56 pm", "B.Gluc: 155", "U-Gluc: Past Breakfast", "Rem.: Stress", and "Notes: 130/100". At the bottom are several icons for navigation and printing.



The Gluko-List screen has a blue header with the text "Gluko-List" and a dropdown menu set to "All". It contains a table of blood glucose values.

Date	Time	BG	Rem.
1/11/04	6:56 pm	155	Stress
1/8/04	7:59 am	255	Stress
1/5/04	1:25 pm	166	
1/3/04	12:15 pm	177	

At the bottom, there is a red house icon, the text "Average: 188", and a print icon.

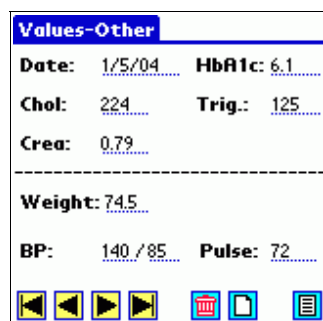
### Blood Glucose Values:

When making a new entry the current date/time will be automatically registered. A manual change is of course possible.

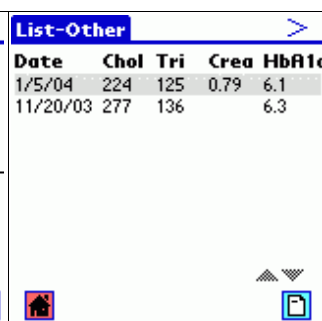
PopUp for special notes

The table allows a time of day referred filtering of the entries.

The average value will be automatically determined.



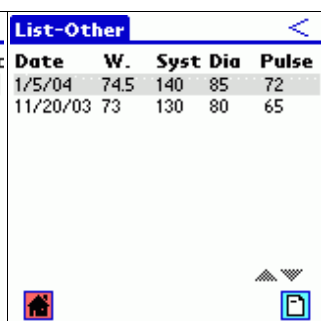
The Values-Other screen has a blue header with the text "Values-Other". It contains fields for "Date: 1/5/04", "HbA1c: 6.1", "Chol: 224", "Trig.: 125", "Crea: 0.79", "Weight: 74.5", "BP: 140 / 85", and "Pulse: 72". At the bottom are several icons for navigation and printing.



The List-Other screen has a blue header with the text "List-Other" and a right arrow. It contains a table of other values.

Date	Chol	Tri	Crea	HbA1c
1/5/04	224	125	0.79	6.1
11/20/03	277	136		6.3

At the bottom, there is a red house icon and a print icon.



The List-Other screen has a blue header with the text "List-Other" and a left arrow. It contains a table of other values.

Date	W.	Syst	Dia	Pulse
1/5/04	74.5	140	85	72
11/20/03	73	130	80	65

At the bottom, there is a red house icon and a print icon.

### Other Values:

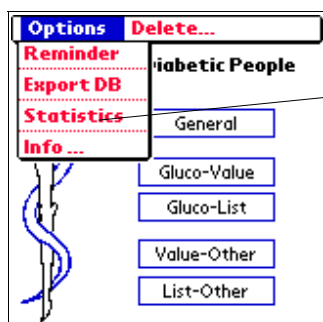
Other important values can be entered here.

The lists offer an overall view of the results



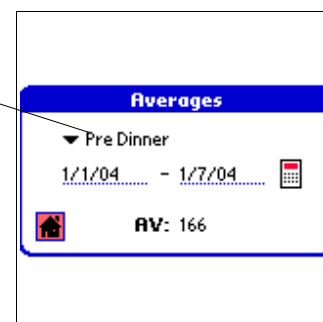
## Reminder

Let it remind you of taking your medicine, your next test, etc.



## Statistics

View averages for a selectable time period



## Problems:

Requires PalmOS 3.5 (or above).

This application was tested on the Palm Vx (OS 3.5, black/white), Palm M505 (OS 4.0, coloured), Palm Tungsten (OS 5.0) and with the Palm OS Emulator. I haven't found any problems which would cause a crash.

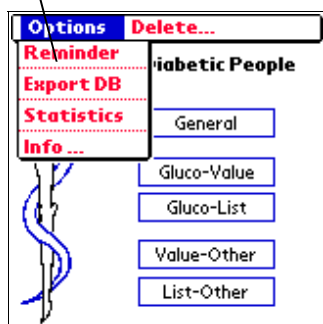
## Frequently Asked Questions (FAQs):

-Is it possible to run the application from SD/MMC-Card?

Please avoid installing this program on SD-cards and similar devices. This is only a recommendation, because I received SINGLE reports about problems connected to this subject.

-Where is the alarm-function?

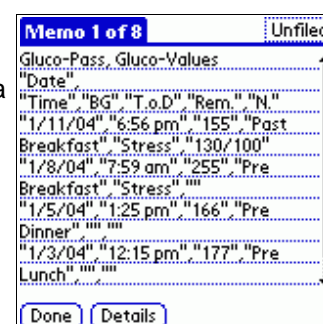
There is no button for it; you will find it in the menu of the Start-Screen.



-I would like to print my data?!

Please choose "Export DB" in the main menu. After a comparison of the data (hotsync) it can be printed from your desktop application. The data can be exported to spreadsheets when it has been saved as a \*.txt or \*.csv.

After the printing you can, if you like, purge your database (Menu>"Delete")



## Another way to export your data

There is a nice tool for exporting the data to the computer yet: PDB Explorer (<http://llusoft.cjb.net/>). With it you can print, resort and make a \*.csv for an import into a spreadsheet (Excel). It is freeware. The database for your gluco values is "BZDB1.pdb", for the others it is "BZDB2.pdb". You will find them in your Palm backup folder.

But be careful: with PDB Explorer you can change things that the program will not recognize the database any longer!!!!!!!!!!!!!! ( "Files" > "Properties")!!!!!!!!!!!!!!

## Restriction of Shareware-Version:

- No averages
- No Export function
- No list for "Other Values"

- Filter function disabled
- No support

**License:**

Gluko-PassE is Shareware. If you find it useful, please register it at PalmGear (<https://secure.palmgear.com/sc/buy.cfm?prodid=16309&buytoken=24370922>) It only costs \$8. Then you will get the full version without any restrictions.

This software is provided without warranty. Use it at your own risk. I will not take responsibility for any form of damage or loss that occurs using this software.

**Sylvia Zedewitz**